

October 2026

YMCA YDC

Mon	Tue	Wed	Thu	Fri
			1 Pasta with Meat sauce Green Beans Mixed Fruit Milk	2 Pork Sandwich Mixed Vegetables Fresh Fruit Milk
5 Ham & Cheese Casserole Corn Mixed Fruit Milk	6 Fish Shapes Carrots Bread Applesauce Milk	7 Chicken & Rice Mixed Vegetables Peaches Milk	8 Goulash Green Beans Pineapple Milk	9 Sloppy Cheeseburger Peas Pears Milk
12 Corndog Green Beans Peaches Milk	13 Chicken Fries Corn Mixed Fruit Milk	14 Taco Carrots Applesauce Milk	15 Chicken Alfredo over Noodles Peas Pineapple Milk	16 Cheese Pizza Quesadilla Mixed Vegetables Oranges Milk
19 Meat Loaf Green Beans Bread Pineapple Tidbits Milk	20 Burrito Bake Corn Pears Milk	21 Ham & Cheese Wrap Carrots Fresh Fruit Milk	22 Cheeseburger Macaroni Peas Apple Slices Milk	23 Hamburger On Bun Corn Fruit Cocktail Milk
26 Beef Stroganoff over Noodles Corn Mixed Fruit Milk	27 Chicken Nuggets Green Beans Peaches Milk	28 Grilled Cheese Sandwich Carrots Pineapple Milk	29 Sloppy Joe on Bun Mixed vegetables Oranges Milk	30 Cheese Pizza Carrots Fruit Cocktail Milk