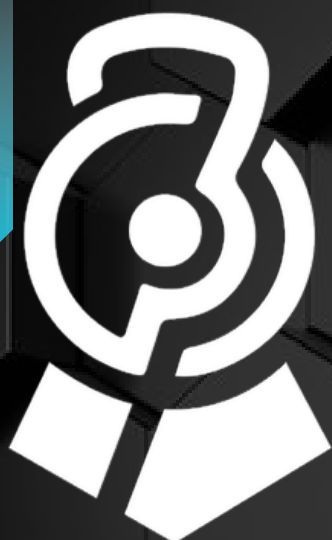




# RAILS

STRENGTH & FITNESS

## \$30

PER  
MONTH

## STUDENT RATE

### FUNCTIONAL FITNESS

- Improve strength, mobility, and endurance for everyday activities
- Get a full-body workout in 60 minutes
- Variety of exercises to keep workouts interesting and engaging
- Suitable for all fitness levels
- Boost energy levels and reduce stress
- Join a fun & supportive community



Must be a full time student to be eligible . If under 15, must be accompanied by an adult.



## REGISTER NOW

### CONTACT US

(920) 427-9544 (Josh)

[www.railsstrength.com](http://www.railsstrength.com)

821 Railroad Ave SE,  
Aberdeen, SD 57401

