



AQUATICS CENTER SCHEDULE

Effective August 18th 2026

LAP SWIM TIMES

Lane availability is subject to change at any time.

MON	TUES	WED	THUR	FRI	SAT	SUN
5:30a-9:00a 8 lanes	5:30a-6:30a 4 lanes	5:30a-9:00a 8 lanes	5:30a-6:30a 4 lanes	5:30a-6:30a 4 lanes	7:00a-9:00a 8 lanes	12:00-12:30p 8 lanes
9:00a-9:45a 3 lanes	6:30a-12:00p 8 lanes	9:00a-9:45a 3 lanes	6:30a-12:00p 8 lanes	6:30a-9:00a 8 lanes	9:00a-12:15p 3 lanes	12:30-2:00 3 lanes
9:45a-11:00a 8 lanes	12:00p-1:00p 4 lanes	9:45a-11:00a 8 lanes	12:00p-1:00p 4 lanes	9:00a-9:45am 3 Lanes	12:15p-5:30p 3 Lanes	2:15-5:30pm 3 lanes
11:00a-12:00p 3 lanes	1:00p-4:30p 8 lanes	11:00a-12:00p 3 lanes	1:00p-4:30p 8 lanes	9:45a-11:00a 8 lanes		
12:00p-1:00p 4 lanes	4:30p-5:30p 3 lanes	12:00p-1:00p 4 lanes	4:30p-7:15p 3 lanes	11:00a-12:00p 3 lanes		
1:00p-4:00p 8 lanes	5:30p-6:45pm No Lanes	1:00p-4:00p 8 lanes	7:15p-8:00p 4 lanes	12:00p-1:00p 4 lanes		
4:00p-7:15p 3 lanes	6:45p-8:00p 4 lanes	4:00p-7:15p 3 lanes		1:00p-4:00p 8 lanes		
7:15p-8:00p 4 lanes		7:15p-8:00p 4 lanes		4:00p-7:00p 3 lanes		
				7:00-8:00p 8 lanes		

WATER GROUP FITNESS CLASSES

MON	TUES	WED	THUR	FRI	SAT	SUN
	5:35a-6:30a Water Wake Up		5:35a-6:30a Water Wake Up	5:35a-6:20a Water Aerobics		
9:00a-9:45a Aquacise		9:00a-9:45a Aquacise		9:00a-9:45a Aquacise	9:00a-9:45a Wild Water Workout	
11:00a-11:45a Young at Heart		11:00a-11:45a Young at Heart		11:00a-11:45a Young at Heart		
	4:45p-5:30p Wild Water Workout		4:45p-5:30p Wild Water Workout			
	5:30p-6:45p Pool Volleyball					

Water Walking

MON	TUES	WED	THUR	FRI	SAT	SUN
12:00p-1:00p Water Walking	12:00p-1:00p Water Walking	12:00p-1:00p Water Walking	12:00p-1:00p Water Walking	12:00p-1:00p Water Walking		
7:30-8:00p Water Walking	7:30-8:00p Water Walking	7:30-8:00p Water Walking	7:30-8:00p Water Walking			

GROUP SWIM LESSON TIMES

MON	TUES	WED	THUR	FRI	SAT	SUN
6:00-7:30p	5:15-7:30p	6:00-7:30p	5:15-7:30p		9:00a-12:10p	12:30-2:00p

OPEN SWIM TIMES

MON	TUES	WED	THUR	FRI	SAT	SUN
4:00p-6:30p		4:00p-6:30p		4:00p-6:30p	12:15p-5:30p	2:15p-5:30p

FOR MORE INFO, PLEASE CONTACT:
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