

2026 YMCA Co-Ed Flag Football

Grades: Youth entering 1st – 6th
(6th graders have the option to play flag OR tackle)

Dates: August 4 – Sept 12

Practices: Tuesdays

Games: Thursdays starting August 11th

Games and Practice Location: Central High School

Registration Fees: Closes July 26th

Household Member \$45

Member \$55

Non-Member \$75

Late Registrations are subject to an additional \$15

Volunteer Coaches Meetings: July 27th and 28th

6:00 – 7:00 PM

Coaches only need to attend 1 night

Rosters will be dispersed at the meetings

Register at the Aberdeen Family YMCA or online:
aberdeenyumca.org/programs



For Rules, Schedules,
and other Programs
Check out this QR code!



2026 YMCA Co-Ed Tackle Football

Grades: Youth entering 6th
(6th graders have the option to play flag OR tackle)

Dates: August 3 – Sept 15

Practices: Monday/Tuesday

Games: Thursdays starting August 11th

Equipment Checkout:

5:30-6:30 July 30th @ the YMCA

Registration Fees: Closes July 26th

Household Member \$75

Member \$85

Non-Member \$105

Late Registrations are subject to an additional \$15

Volunteer Coaches Meetings: July 27th and 28th

7:00 – 8:00 PM

Coaches only need to attend 1 night

Rosters will be dispersed at the meetings

**Practices and games
will be held at Central High School**



Register at the Aberdeen Family YMCA or online:
aberdeenyumca.org/programs

Volunteer Coaches needed!

If interested in coaching or if you have any
questions, email Summer Scepianiak at
scepianiak@aberdeenyumca.org or call at
605-225-4910