

CLASS ON THE GRASS...



Feel the breeze... hear the birds... soak up some rays...
View the awesome scenery... all from your yoga mat!

Outdoor Yoga @ Wylie

Yoga held in the grassy area west side of the water...

SATURDAYS AT WYLIE 9:00-10:00AM

Sat. May 30-Jan
Sat. June 6-Karen
Sat. June 13-Janene
Sat. June 20-Jan
Sat. June 27-Karen
Sat. July 4-Janene (No class)
Sat. July 11-Jan
Sat. July 18-Karen
Sat. July 25-Janene (Bull Run)
Sat. Aug 1-Jan
Sat. Aug 8-Karen
Sat. Aug 15-Janene
Sat. Aug 22 - Jan
Sat. Aug 29 - Karen

WEEKDAY CLASSES AT WYLIE START TUES June 2

TUESDAY 5:15-6:15PM
(Instructor Donna)

THURSDAY 5:15-6:15PM
(Instructor: Karen or Donna)

**You will need your own
Yoga mat, blanket or towel**

Doubling up works best...
the YMCA mats will not be
available for outdoor use.

**In case of bad weather...
class will be at the YMCA**

If unsure call the "Y" at 225-4910
the instructor will decide and let
the "Y" know 30 min prior to class