



ABERDEEN FAMILY YMCA 9th ANNUAL GLOW RUN



FRIDAY, JUNE 5, 2026

RUN AS A FAMILY OR WITH YOUR FRIENDS

- 9:00PM REGISTRATION STARTS
REGISTER AT THE YMCA OR WWW.ABERDEENYMCA.ORG
- 9:30PM – 5K GLOW RUN STARTS
OPTION TO RUN OR WALK 1/2, 1 OR 2 MILE
- EVERYONE RECEIVES A GLOW CUP AT FINISH LINE
- GET A ROOTBEER FLOAT IN YOUR GLOW CUP



COST

ADULT (18 & OVER): \$15
CHILD (AGES 4-17): \$5
3 & UNDER: FREE
FAMILY RATE: \$30
HELD AT THE YDC
ACROSS FROM THE
YMCA



**GLOW BRACELETS
AND NECKLACES ARE
PROVIDED!!**

SUMPTION FARMS
JIM AND NICOLE SUMPTION