

# PILATES REFORMER

SATURDAYS

FEB 7, 14, 21, 28

10:30-11:30AM

**INSTRUCTOR: JANENE**

FIRST COME FIRST SERVE ONLY 9  
MACHINES AVAILABLE

# BEGINNER PILATES

THURSDAYS

FEB 5, 12, 26

6:30-7:30PM

**INSTRUCTOR: JANENE**



Questions: Email Terrill at  
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