

PILATES REFORMER

SATURDAYS

JAN 3, 10, 17, 24, 31

10:30-11:30AM

INSTRUCTOR: JANENE

**FIRST COME FIRST SERVE ONLY 9
MACHINES AVAILABLE**

BEGINNER PILATES

THURSDAYS

JAN 8, 15, 22, 29

6:30-7:30PM

INSTRUCTOR: JANENE



**Questions: Email Terrill at
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or call 605-225-4910**