

# BODY COMBAT SUPER BOWL LAUNCH 2026

## BODYCOMBAT™

**EVENT:**

SUPER BOWL BODY COMBAT  
#105 LAUNCH

**DAY/DATE:**

SUNDAY, FEB 8, 2026

**TIME:**

1:30-2:30PM

**WHO SHOULD COME:**

EVERYONE... BRING FRIENDS AND  
FAMILY!

**TO ATTEND:**

JUST SHOW UP... FREE AND OPEN TO  
THE PUBLIC!

**LOCATION:**

ABERDEEN FAMILY YMCA - GYM 1

**A SPECIAL THANK YOU TO THE  
ABERDEEN FAMILY YMCA BODY  
COMBAT INSTRUCTORS!!**

LES MILLS  
**BODYCOMBAT**

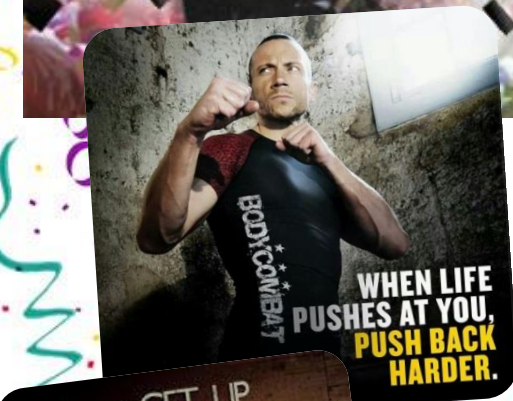
DISTRIBUTED BY:  
**SCW**  
WOLFEATH

KICKOFF  
BODYCOMBAT

HOME: 27 AWAY: 14 QUARTER: 1 2 3

LES MILLS  
**BODYCOMBAT**

LES MILLS



"It's not whether you  
get knocked down;  
it's whether you **get up.**"

