

HOW DOES THE BRAIN CHANGE WITH PARKINSON'S?

Learn what to expect with your
diagnosis of Parkinson's

**Wednesday, December 10
@ 11:45 am**

YMCA Community Room

Tiffany Hoeft, MS/CCC-SLP, CBIS, BCN

-Attention...Memory...Impulsivity....

These all can be impacted by Parkinson's.
Learn what you can do to help your brain fight

**Free class
Open to the
public
and
caregivers**

SNACKS AND WATER PROVIDED



Brought to you by Minds
Matter PLLC and the
Aberdeen Family YMCA



**-For those coming from Rock Steady Boxing class,
remember to pack any medications you need to take before this class!**