

# 2025 YMCA Co-Ed Flag Football

**Grades:** Youth entering 1<sup>st</sup> – 5<sup>th</sup>

**Dates:** August 5 – Sept 13

**Practices:** Tuesdays

**Games:** Thursdays starting August 14th

**Games and Practice Location:** TBD

**Registration Fees:** Closes August 4th

**Household Member** \$45

**Member** \$55

**Non-Member** \$75

Late Registrations are subject to an additional \$15

**Volunteer Coaches Meetings:** July 28<sup>th</sup> and 29<sup>th</sup>

6:00 – 7:00 PM

**\*Coaches only need to attend 1 night\***

**\*Rosters will be dispersed at the meetings\***

Register at the Aberdeen Family YMCA or online:  
[aberdeenymca.org/programs](http://aberdeenymca.org/programs)



For Rules, Schedules,  
and other Programs  
Check out this QR code!



# 2025 YMCA Co-Ed Tackle Football

**Grades:** Youth entering 6th

**Dates:** August 4 – Sept 16

**Practices:** Monday/Tuesday

**Games:** Thursdays starting August 14th

**Equipment Checkout:**

5:30-6:30 July 31<sup>st</sup> @ the YMCA

**Registration Fees:** Closes August 4th

**Household Member** \$75

**Member** \$85

**Non-Member** \$105

Late Registrations are subject to an additional \$15

**Volunteer Coaches Meetings:** July 28<sup>th</sup> and 29<sup>th</sup>

7:00 – 8:00 PM

**\*Coaches only need to attend 1 night\***

**\*Rosters will be dispersed at the meetings\***

Games held at the Aberdeen Roncalli practice field  
Practices will be held at Central High School



Register at the Aberdeen Family YMCA or online:  
[aberdeenymca.org/programs](http://aberdeenymca.org/programs)

## Volunteer Coaches needed!

If interested in coaching or if you have any  
questions, email Caleb DeBoer at  
[cdeboer@aberdeenymca.org](mailto:cdeboer@aberdeenymca.org) or call at  
605-225-4910