

# CLASS ON THE GRASS...



Feel the breeze... hear the birds... soak up some rays...  
View the awesome scenery... all from your yoga mat!

## Outdoor Yoga @ Wylie

Yoga held in the grassy area west side of the water...

### SATURDAYS AT WYLIE 9:00–10:00AM

Sat. May 31– Jan  
Sat. June 7 – Karen  
Sat. June 14 – Janene  
Sat. June 21 – Anna  
Sat. June 28 – Jan  
Sat. July 5 – Karen  
Sat. July 12 – Janene  
Sat. July 19 – Anna  
Sat. July 26 – Jan (Bull Run)  
Sat. Aug 2 – Karen  
Sat. Aug 9 – Janene  
Sat. Aug 16 – Anna  
Sat. Aug 23 – Jan  
Sat. Aug 30 – Karen



### WEEKDAY CLASSES AT WYLIE START TUES MAY 27

**TUESDAY 5:15–6:15PM**

(Instructor Donna)

**THURSDAY 5:15–6:15PM**

(Instructor: Karen, Donna or Nicole)

**You will need your own  
Yoga mat, blanket or towel**

Doubling up works best...  
the YMCA mats will not be  
available for outdoor use

**In case of bad weather...  
class will be at the YMCA**

If unsure call the "Y" at 225-4910  
the instructor will decide and let  
the "Y" know 30 min prior to class

