



# ABERDEEN FAMILY YMCA 7th ANNUAL GLOW RUN



**FRIDAY, JUNE 7, 2024**

**RUN AS A FAMILY OR WITH YOUR FRIENDS**

- **9:00PM REGISTRATION STARTS**  
REGISTER AT THE YMCA OR [WWW.ABERDEENYMCA.ORG](http://WWW.ABERDEENYMCA.ORG)
- **9:30PM – 5K GLOW RUN STARTS**  
OPTION TO RUN OR WALK 1/2, 1 OR 2 MILE
- **EVERYONE RECEIVES A GLOW CUP AT THE FINISH LINE**
- **GET A ROOTBEER FLOAT IN YOUR GLOW CUP**

## **COST**

**ADULT (18 & OVER): \$15**

**CHILD (AGES 4-17): \$5**

**3 & UNDER: FREE**

**FAMILY RATE: \$30**

**HELD AT THE YDC**

**ACROSS FROM THE YMCA**



**GLOW BRACELETS  
AND NECKLACES  
ARE PROVIDED!!**