

# Outdoor Yoga at Wylie



You will need your own Yoga mat, blanket or towel (Doubling up works best) The YMCA mats will not be available for outdoor use.

In case of bad weather... class will be at the YMCA.

If unsure call the “Y” at 225-4910... the instructor will decide and let the “Y” know 30 min prior to class

## SATURDAYS AT WYLIE 9:00-10:00AM

Sat. June 3 – Janene (45 Yoga/15 Bike)

Sat. June 10 – Nicole

Sat. June 17 – Jan

Sat. June 24 – Karen

Sat. July 1 – Jan for Janene

Sat. July 8 – Nicole

Sat. July 15 – Jan

Sat. July 22 – Karen

Sat. July 29 – Nicole

Sat. Aug 5 – Janene (45 Yoga/15 Bike)

Sat. Aug 12 – Jan

Sat. Aug 19 – Karen

Sat. Aug 26 – Janene (45 Yoga/15 Bike)

## WEEKDAY CLASSES AT WYLIE START TUES MAY 30

**\*TUESDAY 5:15-6:15PM**

(Instructor Donna)

**\*THURSDAY 5:15-6:15PM**

(Instructor: Karen, Donna or Nicole)

Any questions contact Terrill Meier  
tmeier@aberdeenyumca.org or 605-225-4910