

October 2022

YMCA/YDC

Monday	Tuesday	Wednesday	Thursday	Fri-yay
<p>3</p> <p>Tuna Sandwich Carrots Apple Slices Milk</p>	<p>4</p> <p>Chicken Fries Peas Peaches Milk</p>	<p>5</p> <p>Tacos Corn Pears Milk</p>	<p>6</p> <p>Sloppy Jo on Bun Green Beans Pineapple Milk</p>	<p>7</p> <p>Cheese Pizza Mixed Vegetables Mixed Fruit Milk</p>
<p>10</p> <p>Corn Dogs Green Beans Pineapple Milk</p>	<p>11</p> <p>Bosco Sticks Corn Mixed Fruit Milk</p>	<p>12</p> <p>Sloppy Cheeseburgers Carrots Apple Slices Milk</p>	<p>13</p> <p>Fish Sticks Mixed Vegetables Peaches Bread Milk</p>	<p>14</p> <p>Grilled Cheese Peas Fresh Fruit Milk</p>
<p>17</p> <p>Chicken Nuggets Carrots Pineapple Milk</p>	<p>18</p> <p>Ham & Potato Casserole Peas Pears Bread Milk</p>	<p>19</p> <p>Chicken Alfredo Mixed Vegetables Peaches Milk</p>	<p>20</p> <p>Pizza Burgers Corn Apple Slices Milk</p>	<p>21</p> <p>Ham and Cheese Sandwich Green Beans Mixed Fruit Milk</p>
<p>24</p> <p>Cheeseburger Mac Corn Peaches Milk</p>	<p>25</p> <p>Meatloaf Green Beans Pineapple Milk Bread</p>	<p>26</p> <p>French Toast/Sausage Peas Pears Milk</p>	<p>27</p> <p>Goulash Mixed Vegetables Mixed Fruit Milk</p>	<p>28</p> <p>Pizza Quesadilla Carrots Apple Slices Milk</p>
<p>31</p> <p>Boorrito Bake Corn Mixed Fruit Milk</p> <p>Happy Halloween</p>				

Menu is subject to change due to availability. Whole grain served daily.