

AQUATICS CENTER SCHEDULE Effective December 5, 2020

LAP SWIM TIMES

Lane availability is subject to change at any time.

MON	TUES	WED	THUR	FRI	SAT	SUN
5:30a-9:00a	5:30a-6:30a	5:30a-9:00a	5:30a-6:30a	5:30a-9:00a	7:00a-9:00a	12:00p-2:00p
8 lanes	2-4 lanes	8 lanes	2-4 lanes	8 lanes	8 lanes	2 lanes
9:00a-9:45a	6:30a-4:45p	9:00a-9:45a	6:30a-4:45p	9:00a-9:45a	9:00a-9:45a	2:00p-5:30p
2-4 lanes	8 lanes	2-4 lanes	8 lanes	2-4 lanes	2-4 lanes	8 lanes
9:45a-11:00a	4:45p-5:30p	9:45a-11:00a	4:45p-5:30p	9:45a-11:00a	9:45-12:30p	
8 lanes	2-4 lanes	8 lanes	2-4 lanes	8 lanes	2 lanes	
11:00a-11:45a	5:30p-6:10p	11:00a-11:45a	5:30p-6:10p	11:00a-11:45a	12:30-2:30p	
2-4 lanes	6 lanes	2-4 lanes	6 lanes	2-4 lanes	2-4 lanes	
11:45a-5:45p	6:10p-7:00p	11:45a-5:45p	6:10p-7:00p	11:45a-6:30p	2:30-4:00p	
8 lanes	2 lanes	8 lanes	2 lanes	8 lanes	2-4 lanes	
5:45-8:00p	7:00p-8:00p	5:45-8:00p	7:00p-8:00p	6:30-8:00p	4:00p-5:30p	
2-4 lanes	8 lanes	2-4 lanes	8 lanes	2-4 lanes	8 lanes	

Water Group Fitness Classes

MON	TUES	WED	THUR	FRI	SAT	SUN
	5:35a-6:30a		5:35a-6:30a			
	Water Wake Up		Water Wake Up			
9:00a-9:45a		9:00a-9:45a		9:00a-9:45a	9:00a-9:45a	
Aquacise		Aquacise		Aquacise	Wild Water Workout	
11:00a-11:45a		11:00a-11:45a		11:00a-11:45a		
Young at Heart		Young at Heart		Young at Heart		
	4:45p-5:30p		4:45p-5:30p			
	Wild Water Workout		Wild Water Workout			

GROUP SWIM LESSON TIMES

	4:40p-7:00p		4:40p-7:00p		9:00a-12:15p	12:00p-2:00p
MON	TUES	WED	THUR	FRI	SAT	SUN

FOR MORE INFO, PLEASE CONTACT:

Dan Severson, Aquatic Director E: dseverson@aberdeenymca.org

Pool Closure for Swim Meets

January 9th: 12:30pm-5:30pm January 15th: 3:30pm-8pm January 29th: 3:30pm-8pm

Winter ASC Practice

December 28th/30th: 1:00p-3:30p 4 lanes, 3:30p-

5:45p 2 lanes, 5:45p-7:45p 4 lanes

December 29th: 8:00a-10:00a 4 lanes, 1:00p-3:00p 2

lanes

December 31st: 8:00a-10:00a 4 lanes, 12:00p- 1:30p

2 lanes

Sorry for the inconvenience!