

JOB POSTING



JOB POSITION: Personal Trainer

POSITION TYPE: Part-time

LOCATION: Aberdeen Family YMCA/YDC

POSITION POSTED: November 13, 2020

MINIMUM PAY RATE: Depends on experience and certifications

APPLICATIONS ARE AVAILABLE ONLINE:

www.aberdeenymca.org Join Our Team

Or pick up an application at the Aberdeen YMCA

Aberdeen Family YMCA

5 South State Street

Aberdeen, SD 57401

mjohnson@aberdeenymca.org

605-225-4910 ext 1007

Hiring Manager if questions:

Daniel McCoy dmccoy@aberdeenymca.org

GENERAL DESCRIPTION:

The Personal Trainer is responsible for instructing individual members by providing excellent service in a safe, enjoyable and positive environment that promotes member wellness and engagement. We are looking to add a personal trainer to our YMCA team that has daytime hours available.

JOB REQUIREMENTS, PREFERRED EDUCATION, TRAINING, AND WORK EXPERIENCE:

- Minimum of 18 years of age. (Required)
- Bachelor's degree in Health Science, Kinesiology, or a related field. (Required)
- National Personal Training Certification(s) (ex: ACE, AFAA, NASM, ASCM, NSCA)
- Any additional certifications related to expertise.
- 1 year of experience in health and fitness field.
- 1 year experience Personal Training and/or Group Fitness
- General health and wellness knowledge including biomechanics, anatomy, injury prevention, cardiovascular and strength training principles, coaching skills and basic machine and facility maintenance. (Preferred)
- Current CPR/First Aid certification (may be obtained upon hire)
- Satisfactory background screening

Basic Essential Functions:

- Availability to work varied hours to meet the needs of clients.
- Develops, implements and instructs a variety of personal training and/or group training session. Provides encouragement and expertise for the clients to support and reach their health and well-being goals.
- Administers, tracks and evaluates health history with regard to individual exercise programs.
- Ability to communicate effectively, act in a professional manner, build effective relationships and maintain a positive attitude.
- A willingness to commit to the mission, visions and values of the Aberdeen Family YMCA.
- Complete other duties as assigned.

Equal Employment Opportunity

Resumes and employment applications can be returned to the email address above or at 5 S. State Street, Aberdeen, SD 57401.

Applications can be found on our website at aberdeenymca.org.