



AQUATICS CENTER SCHEDULE

Effective September 3, 2019

LAP SWIM TIMES

Lane availability is subject to change at any time.

MON	TUES	WED	THUR	FRI	SAT	SUN
5:30a-6:00a 8 lanes	5:30a-6:30a 3 lanes (circle swim)	5:30a-6:00a 8 lanes	5:30a-6:30a 3 lanes (circle swim)	5:30a-6:00a 8 lanes	7:00a-9:00a 8 lanes	12:00p-12:30p 8 lanes
6:00a-7:00a 3 lanes (circle swim)	6:30a-2:45p 8 lanes	6:00a-7:00a 3 lanes (circle swim)	6:30a-2:45p 8 lanes	6:00a-7:00a 3 lanes (circle swim)	9:00a-5:30p 3 lanes (circle swim)	12:30p-5:30p 3 lanes (circle swim)
7:00a-9:00a 8 lanes	2:45p-4:30p 4 lanes (circle swim)	7:00a-9:00a 8 lanes	2:45p-4:30p 4 lanes (circle swim)	7:00a-9:00a 8 lanes		
9:00a-11:45a 3 lanes (circle swim)	4:30p-5:30p no lanes	9:00a-11:45a 3 lanes (circle swim)	4:30p-5:30p no lanes	9:00a-11:45a 3 lanes (circle swim)		
11:45a-2:45p 8 lanes	5:30p-7:30p 3 lanes (circle swim)	11:45a-4:00p 8 lanes	5:30p-7:30p 3 lanes (circle swim)	11:45a-2:45p 8 lanes		
2:45p-7:00p 3 lanes (circle swim)	7:30p-8:30p 8 lanes	2:45p-7:00p 3 lanes (circle swim)	7:30p-8:30p 8 lanes	2:45p-7:00p 3 lanes (circle swim)		
7:00p-8:30p 8 lanes		7:00p-8:30p 8 lanes		7:00p-8:00p 8 lanes		

Circle Swimming is a method in which more than one person is swimming in a lane, with all swimmers circling the lane counterclockwise.

OPEN/FAMILY SWIM TIMES

MON	TUES	WED	THUR	FRI	SAT	SUN
4:00p-7:00p		4:00p-7:00p		4:00p-7:00p	12:00-5:30pm	2:00-5:30pm

WATER GROUP FITNESS CLASSES

MON	TUES	WED	THUR	FRI	SAT	SUN
	5:35a-6:30a Water Wake Up		5:35a-6:30a Water Wake Up			
9:00a-9:45a Aquacise		9:00a-9:45a Aquacise		9:00a-9:45a Aquacise	9:00a-9:45a Wild Water Workout	
11:00a-11:45a Young at Heart		11:00a-11:45a Young at Heart		11:00a-11:45a Young at Heart		
	4:45p-5:30p Wild Water Workout		4:45p-5:30p Wild Water Workout			
5:30p-6:15p Aqua Power	5:30p-6:30p Pool Volleyball	5:30p-6:15p Aqua Power				
		6:15p-7:15p Hydrorider				

MASTERS SWIM TIMES

MON	TUES	WED	THUR	FRI	SAT	SUN
6:00a-7:00a		6:00a-7:00a		6:00a-7:00a		

GROUP SWIM LESSON TIMES

MON	TUES	WED	THUR	FRI	SAT	SUN
6:00p-7:30p	4:30p-7:00p	6:00p-7:30p	4:30p-7:00p		9:00a-12:10p	12:30p-2:00p

FOR MORE INFO, PLEASE CONTACT:

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