

# JOB POSTING



**JOB POSITION:** Yoga Instructor  
**POSITION TYPE:** Part-time  
**LOCATION:** Aberdeen Family YMCA

**POSITION POSTED:** [Click here to enter a date.](#)  
**APPLICATION DEADLINE:** Until Filled  
**INTERESTED APPLICANTS MAY CONTACT:**

Terrill Meier  
5 South State Street  
Aberdeen, SD 57401  
[tmeier@aberdeenyumca.org](mailto:tmeier@aberdeenyumca.org)  
605-225-4910

## **GENERAL DESCRIPTION:**

The main duty for **yoga instructors** is to create a curriculum and lead groups through various levels and types of **yoga** practice. This can include getting props together and getting to know what participating clients want. Demonstrate practice and technique. This yoga instructor will need to be able to teach classes during the following times: morning, noon or weekends.

## **JOB REQUIREMENTS, PREFERRED EDUCATION, TRAINING, AND WORK EXPERIENCE:**

- Must be a minimum of 18 years old.
- One to two years related experience preferred.
- Satisfactory background check.
- Current CPR-PR (CPR for Professional Rescuer) Certification required. (In-house training available)
- Current First Aid Certification required. (In-house training available)

**ESSENTIAL FUNCTIONS:** *Essential functions are those tasks, duties, and responsibilities that comprise the means of accomplishing the job's purpose and objectives. Essential functions are critical or fundamental to the performance of the job. They are the major functions for which the person in the job is held accountable.*

- Must be able to teach classes during the morning, noon or weekends.
- Must have the ability to instruct multiple classes for multiple skill levels.

Equal Employment Opportunity

Resumes and employment applications can be returned to the email address above or at 5 S. State Street, Aberdeen, SD 57401.

Applications can be found on our website at [aberdeenyumca.org](http://aberdeenyumca.org).