

CONFIDENCE WITH EVERY STROKE



PRESCHOOL & YOUTH SWIM LESSONS

MONDAY & WEDNESDAY MORNING LESSONS (3 weeks, 6 lessons)

9:00 – 9:30am: Pike, Eel, Starfish

9:35 – 10:05am: Pike, Eel, Ray

10:10 – 10:55am: Polliwog, Guppy, Minnow

11:00 – 11:45am: Fish, Flying Fish/Shark

M/W SESSION DATES:

Session 1: June 12 – 28

Session 2: July, 10 – 26

M/W SESSION COST:

Y Family Members – \$30

Y Members – \$40

Non-Members – \$60

TUESDAY & THURSDAY EVENING LESSONS (3 weeks, 6 lessons)

4:30–5:15pm: Polliwog, Guppy, Flying Fish/Shark

5:25–5:55pm: Pike, Eel, Ray

6:05–6:35pm: Pike, Eel, Starfish

6:45–7:30pm: Polliwog, Guppy, Minnow, Fish

T/TH SESSION DATES:

Session 1: June 13 – 29

Session 2: July 11 – 27

T/TH SESSION COST:

Y Family Members – \$30

Y Members – \$40

Non-Members – \$60

REGISTRATION INFORMATION

Register for any of these classes at Member Services or online at www.aberdeenymca.org starting Monday, May 15.

Registration will close two days prior to class start date. Missed classes cannot be made up or credited. Session changes must be done prior to the beginning of the session. No refunds, only credit available.

If you have questions regarding level requirements or placement, contact Cierra Martin, our Aquatics Coordinator, at cmartin@aberdeenymca.org.

SAFETY AROUND WATER

Safety Around Water, is a program to engage and educate little swimmers and parents about the importance of water safety skills and provide more of America's youth access to water safety lessons. Children will learn how to respond if they find themselves in unexpected water situations -- from how to reach the waters surface if they submerge to safely reaching a pool's edge or exiting any body of water.

Parental involvement in this program is strongly encouraged. Available children ages 3-12 and is free and open to the public.

MONDAY– FRIDAY SESSION DATES:

(Please choose one session only)

Session 1: May 22 – 26, 12:00-12:45pm

Session 2: August 7 – 11, 12:00-12:45pm

FIT, FLOAT, & FUN

TUESDAY & THURSDAY MORNING (2 weeks, 4 lessons)

Fit, Float, & Fun focuses on keeping children active throughout the summer months. We will spend time in the gym, learning different sports techniques and playing large group games. The second half of our time together will be spent in our Aquatic Center, playing and learning about water safety. In addition to the gym and pool recreational time, we will explore some different cooking (and eating!) techniques, and create some pretty fabulous art projects. For kids ages 3-9. (Children must be able to change themselves for swimming.)

SESSION DATES:

Session 1: June 20 – 29, 9:30-11am

Session 2: July 11 – 20, 9:30-11am

Session 3: August 1 – 10, 9:30-11am

SESSION COST:

Y Family Members – \$25

Y Members – \$35

Non-Members – \$55



ABERDEEN FAMILY YMCA

5 South State Street, Aberdeen, SD

P: 605.225.4910

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#AberdeenFamilyYMCA