

# IT'S A SUMMER TO DISCOVER



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## SUMMER YOUTH GUIDE 2011, ABERDEEN FAMILY Y

### LEARNING TREE

Childcare and Preschool for children 4 weeks through Kindergarten

Monday-Friday, 7am-6pm

Registration can be taken at any time. Please call Cari at (605) 225-7113 for availability.

ASK US ABOUT OUR SUMMER SAFARI PROGRAM!  
(For children entering Kindergarten or 1st Grade)

### SPECIALTY CAMPS

#### ROUNDBALL CLASSIC CAMP

Northern's Head Basketball Coach, Paul Sather along with his players and staff will work with the participants. One day a week they will scrimmage and the other day they will work on fundamentals with speed, agility, and conditioning drills.

For grades 4th-6th

June 20-July 13,  
Tuesdays & Thursdays, 10-11:15am

Registration is from June 6-June 20 at the Y's front desk.

#### CAMP DREAM-MAKERS

This fun filled camp is for those with disabilities and provides them with activities they may not normally get to experience.

For ages 5 to 18

June 13-June 23 & July 11-July 21  
Monday-Friday, 9am-3pm

Registration has already started. There is limited space so contact Rose (605-229-5965) today!

### AFTER THE BELL SUMMER

After the Bell Summer is a full time, all summer long program for school age children. In a typical day, each child will get to choose which activities they would like to do. Choices range from sports, crafts, learning about nature, taking trips to Granary Museum, participating in Y activities, hiking, touring Sand Lake, going to Aberdeen Aquatics Center, cooking, and even putting on a play. Meals and snacks are provided.

For 1st-6th grades

May 23-August 19, Monday-Friday, 7am-6pm

Registration can be taken at any time.

To register or for other information, call Cari at (605) 225-7113.

### SUMMER DAY CAMP

Each week we will have a new theme with structured activities, arts & crafts, gym and swim time, and even occasional field trips. Lunch is not provided, but there will be an afternoon snack.

For 1st-6th grades

May 31-August 12, Monday-Friday, 10am-4pm.

Pre-Camp is available from 7:45-10am. Call Lee at (605) 225-4910 for more information.

Registration has started and continues throughout the summer. You must register by the Friday prior to the week you would like to attend. You can register for more than one week at a time. Registration takes place at the Y's front desk. Call Lee at (605) 225-4910 for rates and other information.

## Y SUMMER HOURS

(effective Tuesday, May 31)  
Monday–Friday: 5am–9pm  
Saturday: 7am–6pm  
Sunday: 12pm–6pm



## YOUTH SUMMER HOURS

(effective Tuesday, May 31)  
Monday–Friday: 2–7pm  
Saturday & Sunday: 12–5pm

To participate in youth hours, youth must be entering 1st–6th grade in Fall 2011. Outside of these times, an adult must accompany.

## YOUTH SPORTS

All registrations take place at the Y's front desk.

### SOFTBALL

Slow pitch Softball if for girls in 3rd – 6th grade.  
Season: April 28 – June 2  
Registration: April 11–25

### TACKLE /FLAG FOOTBALL

Flag Football is for 1st & 2nd graders.  
Season: August 29 – October 1  
Registration: August 1–22

Tackle Football is for 3rd – 6th graders.  
Season: August 16 – September 24  
Registration: July 11–26

### TAEKWONDO

Summer Sessions run June 1 – August 30.  
Registration is by the month. You may register for as many months as you would like.

### YOUTH CLASS – LOWER RANKS

For 6–13 years old – White, Orange & Yellow Belts  
Tuesdays, 6:15–7pm, YMCA Studio 1

### YOUTH CLASS – HIGHER RANKS

For 6–13 years old – Camel through Black Belts  
Tuesdays, 7–7:45pm, YMCA Studio 1 & 2

### ADULT CLASS

For 13 years old & up  
Tuesdays, 7:45 – 8:30pm, YMCA Studio 1 & 2

## SUMMER AQUATICS

SAVE YOUR SKIN! WE ARE OPEN RAIN OR SHINE!

### OPEN SWIM HOURS

Monday & Wednesday: 2–7pm  
Tuesday & Thursday: 2–5pm  
Friday: 10am–12pm & 2–7pm  
Saturday & Sunday: 12–4pm

(Must be at least 7 years old or accompanied by an adult)

### SWIM LESSONS

\*Class times are to be determined  
Monday & Wednesday Mornings  
(4 Week, 8 Lesson Session)  
June 6–June 29 & July 11–August 3

Tuesday & Thursday Evenings  
(4 Week, 8 Lesson Session)  
June 7–June 30 & July 12–August 4

Saturday Mornings  
(6 Weeks, 6 Lesson Session)  
June 11–July 23 (No Class on July 2)

Registration for June classes begins May 16.  
Registration for July classes begins June 20.  
Register at the Y's front desk.

### GUARD START: LIFEGUARDING TOMORROW COURSE

Find out what it takes to become a great lifeguard with this junior lifeguarding course. 11 to 14 year olds will learn everything from lifesaving and leadership skills to fitness and professional development.

Tuesdays, June 7–June 28, 1–2pm

## MARK YOUR CALENDARS!



**MUNCHKIN RUN**  
(part of the Bull Run)  
July 23

**FAMILY FUN NIGHT**  
Back to School Bash!  
August 12

**HEALTHY KIDS DAY**  
April 16, 12–2pm

### ABERDEEN FAMILY Y

5 South State St, Aberdeen SD 57401  
P: (605) 225-4910 F: (605) 226-0893

visit [www.aberdeenymca.org](http://www.aberdeenymca.org)