



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

JOB POSITION: Wellness Center Coach

DEPARTMENT: Wellness Center

LOCATION: YMCA

GENERAL DESCRIPTION: This position is within the Wellness Center and directs directly to the Wellness Center Director. This internship may be counted for credit at your institution. Topics discussed will be but not limited to: free weights, machines, flexibility, nutrition, program building, sport specifics, Olympic lifting, high intensity training, multiple/single set training protocols, supplementation and personal training impacts. The days and hours being worked will vary, minimum 10 hours per week.

QUALIFICATIONS: College aged student who is working towards any degree in health science.

POSITION POSTED: February 21, 2012

APPLICATION DEADLINE: April 1, 2012

DATE AVAILABLE: Summer 2012

WAGE RANGE: College Credit

INTERESTED APPLICANTS MAY CONTACT: Derik Budig
5 South State Street
Aberdeen, SD 57401
dbudig@aberdeenymca.org
(605) 225-4910

Equal Employment Opportunity

You can find our application on our website at www.aberdeenymca.org/facilities_staff/careers.html

ABERDEEN FAMILY Y

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